



OFFICIAL ABCS ATTIRE STANDARDS

v. 1.1 Revised 7.20.22

These requirements apply to participating students and staff at official ABCS events such as ABCS league games, ABCS league playoff games, ABCS league tournaments, chapel services, special meetings, youth rallies, etc. Be aware that families and spectators that are not participating in the events are not required to abide by these guidelines.

PURPOSE AND ENFORCEMENT

Students' clothing should be traditional, conservative, and appropriate for the association. Clothing which is oversized, slovenly, rock-inspired, punk, new-wave, or unisex is to be avoided. Hairstyles should also conform to these general guidelines.

If, in the opinion of the association leadership, a student's overall appearance (hair style, clothing, etc.) does not adhere to the scriptural philosophy and standards of ABCS, that student will be required to make the necessary changes.

The responsibility for the dissemination and enforcement of this dress standard is on the administration of the individual member schools. If there is a violation that must be addressed, ABCS leadership will go to an administrator, athletic director, or coach before a student is ever approached. If the individual schools are consistent and informative, we can avoid conflict and difficult situations in the moment.

GENERAL PRINCIPLES

For sake of clarity, we have divided the dress standards into three distinct categories. However, across all three categories, there are some basic principles.

Girls:

We expect the girls to dress in a feminine manner. Participating female students are not allowed to wear shorts or pants during any ABCS-sanctioned activity.

Note: The term "culottes" is broad term. Even some styles, including those labeled with the term "skirt" on Modestyinmotion.com are not board-approved. As long as they look more like a skirt than shorts, they should be acceptable. A list of acceptable styles can be obtained from the ABCS athletic director.

- When in an upright kneeling position, skirts or culottes must touch the floor. Skirts and culottes must be worn at the waist and not pulled down to meet the length requirement.

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- When a girl is standing, her skirt must cover her kneecaps. If she is wearing leggings, the skirt must still be what covers her kneecaps.
- Skirts may not be form fitting or show undergarment lines.
- Slits in skirts are to go no higher than to the bottom of the knee.
- Tops may not be sleeveless, tight-fitting, or show the midriff.
- The neckline must not be lower than four (4) fingers from the lower portion of the neck (approximately two and one-half to three inches).

Boys:

We expect the young men to dress in a masculine manner.

- Any shorts must cover the kneecap. Spandex undershorts may be worn but the outer shorts must be what covers the kneecap.
- Boys' hair must not be excessively full and should be off the collar in the back, off the ears, and out of the eyes.
- Hair should be neat and should not be a fad style. Hair cannot be braided.
- Hair should not be longer than 2" on top of the head.
- Hair must not be dyed, colored, or highlighted.
- Unusual styles will not be accepted.
- Hair that is long enough to be put in a "man bun" or that is hanging in your eyes is too long.
- No facial hair is permitted.
- There may be a rare occasion when for health reasons the facial hair policy may be adjusted for a specific student.
- Sideburns should not extend beyond the middle of the ear.
- Hair should not have lines or numbers cut into it and should not be brought to a point.

CATEGORIES OF ATTIRE STANDARD

CATEGORY 1: MINIMUM ABCS STANDARD

Note: Students must follow the guidelines set forth by their individual schools for fine arts attire. However, the minimum standard required by the association for non-athletic ABCS events is:

Girls: Knee-length skirt or dress (no denim), collared shirt or blouse, shoes (no flip flops).

Boys: Solid-color pants (no denim), collared shirt, shoes (no flip flops).

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CATEGORY 2: IN-GAME ATTIRE (MINIMUM)

If students are not actively participating in a game, (i.e. a tournament setting) they must remain in their in-game attire, or abide by the minimum association standard as set forth in Category 1.

Soccer:

Uniform regulations:

Boys:

Knee-length uniform shorts

Uniform top that is not sleeveless or too tight

Shin guards

Cleats

Goalies may wear caps/sunglasses at the referees' discretion

Girls:

Knee-length uniform culottes.

Uniform top that is not sleeveless or too tight

Shin guards

Cleats

Goalies may wear caps/sunglasses at the referees' discretion

Basketball:

Uniform regulations

Boys:

Knee-length uniform shorts. Shorts may **not** be rolled up. If spandex undershorts are worn, the uniform shorts must still be what covers the kneecap.

Uniform that is not too tight. If sleeveless, should not show more than four fingers width from the middle of the armpit. If more skin is shown, undershirt must be worn.

Uniform appropriate socks and shoes- socks or shoes with any inappropriate themes or words are not permitted.

Girls

Knee-length uniform culottes. Culottes may **not** be rolled up. If spandex undershorts are worn, the uniform culottes must still be what covers the kneecap.

Uniform that is not too tight. If sleeveless, undershirt must be worn.

Uniform appropriate socks and shoes- socks or shoes with any inappropriate themes or words are not permitted.

Volleyball:

Uniform regulations

Girls:

Knee-length uniform culottes. Culottes may **not** be rolled up. If spandex undershorts are worn, the uniform culottes must still be what covers the kneecap.

Uniform that is not too tight or short. A player serving should not reveal any midriff. If sleeveless, undershirt must be worn.

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Uniform appropriate socks and shoes- socks or shoes with any inappropriate themes or words are not permitted.

Boys:

Knee-length uniform shorts. Shorts may **not** be rolled up. If spandex undershorts are worn, the uniform shorts must still be what covers the kneecap.

Uniform that is not too tight or short. A player serving should not reveal any midriff. If sleeveless, should not show more than four fingers width from the middle of the armpit. If more skin is shown, undershirt must be worn.

Uniform appropriate socks and shoes- socks or shoes with any inappropriate themes or words are not permitted.

Flag Football:

Uniform regulations

Knee-length uniform shorts. Shorts may **not** be rolled up. If spandex undershorts are worn, the uniform shorts must still be what covers the kneecap.

Uniform that is not too tight. If sleeveless, should not show more than four fingers width from the middle of the armpit. If more skin is shown, undershirt must be worn.

Uniform appropriate socks and shoes- socks or shoes with any inappropriate themes or words are not permitted.

Soccer cleats may be worn (no metal spikes)

CATEGORY 3: FINE ARTS/CHAPEL ATTIRE

Any student participating in fine arts competition or attending a chapel service should adhere to the minimum standard set forth in Category 1, or higher. Fine Arts competition, by nature, will definitely be a higher standard than the minimum, as determined by the individual schools' administrations.

PLEDGE:

I the Undersigned Pastor/Administrator hereby agree to the attire standards set forth in this document and pledge to do my best to disseminate and enforce these standards within the school that I represent.

School Name

Pastor Name (print)

Pastor Signature

Date

Administrator Name (print)

Administrator Signature

Date